26 SIMPLE WAYS TO GIVE LIFE TO YOUR KIDS

1. Make up a secret handshake reserved for you and them.
2. Tell them, “I am proud of you,” and then show them you are.
3. Don’t be on the phone when you come home or pick them up from school. Engage them the first moment you see them.
4. Affirm them when they do things correctly or well.
5. Put seriousness and productivity on the shelf - laugh and smile when you are with them.
6. Listen with your eyes.
7. Let them pick the music in the car.
8. Research some of the stuff they are into and engage them in conversation about it.
9. Pray with/over your kids before bed and as you drive to school.
10. Give them a hug or a fist bump when they are not expecting it.
11. Be joyful. You set the emotional temperature of your home.
12. Tell them they are funny. Avoid this with toddlers.
13. Work hard at arriving home and to their activities on time.

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14. Say “I am sorry” and ask for forgiveness when needed. This is HUGE for kids to see/hear.
15. Let them hold the remote.
16. Give them random fist bumps.
17. Tell them you believe in them.
18. Tell them that you are thinking about and praying for them. Text them scriptures and words of encouragement as well.
19. Wrestle and play games with them - even when they are old.
20. Show more interest in them than in your hobbies.
21. Create a “moment that matters” every day.
22. Ask them “How can I pray for you?” and “What do you need from me?”
23. Flirt with, build up, hold hands, and affirm your wife in front of them. This gives them security and provides a healthy model of marriage.
24. Read the same book and discuss it.
25. Ask how you can help them achieve their dreams or goals.
26. Tell them “I love you” at least once every day.